



FIRE PREVENTION ASSOCIATION OF NEVADA

www.fpaneveda.org

IMMEDIATE FIRST AID FOR BURNS

Stop the Burning Process

- Stop, Drop, and Roll if Clothes are on fire
- Extinguish the Flames
- Remove hot object from victim, or victim from hot object
- Safely remove electrical current from victim or victim from electrical current; Turn current off, if possible
- Wash off chemical with large volumes of water

Cool the Burn Wound, NOT the Burn Victim

- Use cool tap water on the burn, Never use ice or food products
Ice will restrict the blood vessels and can damage the nerves in the burn area

Bandage with a Clean, Dry Cover

- ▶ **Small Burn:** Use a bandage or Gauze Pad
- ▶ **Medium Burn:** Use a Clean Handkerchief or Towel
- ▶ **Large Burn:** Use a Clean Sheet

Seek Appropriate Medical Attention

- ▶ **Small Burns:** Self Care
- ▶ **Small-Medium Burns:** Family MD or Urgent-Care Center

CALL 911 For:

- ▶ **Medium- Large Burns:** Emergency Room—Burn Center
If the burn is Silver-Dollar Sized, or in an area that requires motion—such as a joint—please go to a burn center for care